



**Our Lady of Perpetual Help  
Catholic Academy of Brooklyn**

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October 16, 2020

Dear Our Lady of Perpetual Help Catholic Academy of Brooklyn School Community,

I would like to take the time to re-introduce myself. My name is Regi Bien-Aime and I am the PDHP School Counselor providing services this year at Our Lady of Perpetual Help Catholic Academy of Brooklyn. I generally counsel students on an individual basis from grades Kindergarten to 8<sup>th</sup> grade, I facilitate small discussion groups with students to help resolve conflicts and build improved communication skills, and conduct social skills and life skills classes with the lower grades, while also providing drug prevention classes with the upper grades. I also help research outside programs and services for students' academic and mental health needs.

I will be available throughout the year as a support for students and their families. It is my hope that this school year will be full of successful experiences for all students. However, due to new Covid 19 guidelines, I am only able to provide my services via telephone and through web mediums such as Zoom or Google Classroom until told otherwise. Telephonic services were effective during the Spring and I was able to communicate with parental guardians and students quite effectively during that time. Pending Diocesan approval, I will inform the school community of when I will be returning to the school building in-person.

In the meantime, if a parent has any concerns about their child and would like to schedule a phone consultation, please contact me at [rbien-aime@PDHPbklyndiocese.org](mailto:rbien-aime@PDHPbklyndiocese.org) or I can be reached via telephone (718) 871-7777 EXT 19.

Stay safe,

Regi Bien-Aime  
PDHP Regional Coordinator  
OLPH School Counselor